

Dameron Services

- Dameron Hospital is certified by California Children's Services as Community Level III NICU and Community Level Pediatrics for ages: birth to 20 years of age.
- Dameron Hospital takes most all insurance types including medi-cal, medical health plan of San Joaquin and medi-cal Blue Cross. Please check with carrier for full coverage details.
- Dameron Hospital maintains a Regional Cooperation Agreement for Maternal Child services with the University of California San Francisco Benioff Children's Hospital.
- Dameron's Linacia Pharmacy provides Breast Pump supplies at the out-patient Linacia Pharmacy located at 420 w. Acacia, 1st Floor.

Referral Liaison Services Provided To:

- Local Obstetricians, Perinatologists and Pediatricians
- Pediatric Subspecialties to University Regional Hospitals' physicians for pediatric cardiology, pediatric nephrology, pediatric neurology, pediatric pulmonology, pediatric gastroenterology/liver, pediatric cranio – facial clinic, pediatric ophthalmology, pediatric orthopedic, pediatric dermatology, pediatric hematology
- Dameron Hospital Developmental High Risk Follow-Up Clinic
- Dameron Hospital Sweet Success Program
- Referral Services to Women Infant and Children (WIC)
- Public Health Service – Maternal Child and Adolescent Health, Black Infant Health (BIH), Family Resource and Referral Center (FRRC), Valley Mountain Regional Center - Early Start Program (VMRC).

Comprehensive Care for Women and Infants

Dameron Hospital is well known for its comprehensive Women's and Newborn's Services. We are honored that over 1,800 new babies began their lives at Dameron Hospital.

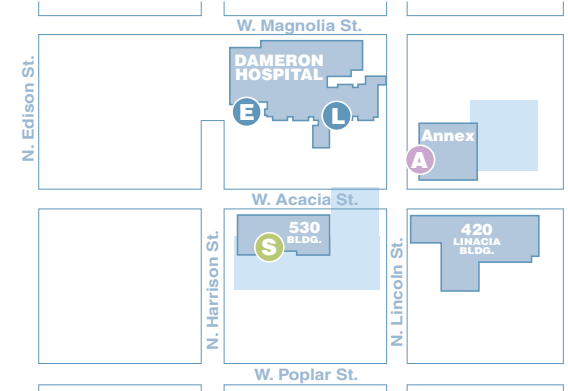
You can choose Dameron Hospital knowing that we are ready for you when the big day arrives. Our A.G. Spanos Family's Start of Life Center offers specially trained nurses, advanced technology, and a safe, caring environment for both mother and child. Newborns requiring more advanced care have the advantage of our on-site Level III Intensive Care Nursery with 24 hour Neonatology coverage and the Oshtory Pediatric Center.

Dameron Hospital recommends, with healthy pregnancies, it is best to stay pregnant for at least 39 weeks. 39 weeks gives babies all the time they need to grow before they are born. Talk to your provider about things you can do to help you and your baby get to at least 39 weeks. Births scheduled before 39 weeks should be only for medical reasons.

We hope you will become acquainted with our staff before the arrival of your baby by taking advantage of our maternity tours, classes and newborn care programs.



Dameron Hospital Campus



Dameron Hospital - 525 W. Acacia St.

- E** Emergency Entrance
- L** Main Lobby

Dameron Annex - 445 W. Acacia St.

- A** Dameron Annex (*Lincoln Street Entrance*)

Dameron 530 Bldg. - 530 W. Acacia St.

- S** Staff Development Classroom (*2nd Floor*)

- Available Parking** - **FREE** 2 hour daytime street parking. **FREE** parking in both the Annex and 530 Building parking lots. *The Emergency parking lot is reserved for those seeking emergency medical assistance only.*



525 W. Acacia Street • Stockton, CA 95203
(209) 944-5550 • www.dameronhospital.org

New Arrivals

2012 CLASS SERIES

Pregnancy & Parenthood



Welcome to Dameron Hospital's **New Arrivals** 2012 CLASS SERIES

Congratulations and welcome to Dameron Hospital's New Arrivals 2012 Classes. We want you to feel comfortable, safe and at ease during this wonderful experience. These classes are provided to help you maintain a healthy pregnancy and gather knowledge about your body, emotions and your baby.

Classes are open to new mothers, fathers, grandparents, and siblings. If you have any questions about classes, please contact Carolyn Sanders, R.N. at (209) 461-3136.

Classes are FREE to those delivering at Dameron Hospital – Registration is required.

Stork Tour – Say Yes to Dameron

Our 30 minute guided tour provides expectant parents with a tour of Labor/Delivery, the Mother–Baby Unit, and an overview of the Neonatal Intensive Care Unit. During the visit, information will be provided on delivery services, where to go and what to do once your delivery time has arrived and includes a “Great Expectations” booklet. At the end of the tour, you’ll create your own individualized birthing plan.

Individual tour by appointment (FREE to all Participants)

Available: Monday - Friday (Except on Holidays)

Call to schedule an appointment:

Carolyn Sanders, R.N., (209) 461-3136

Place: Meet your tour guide in the Main Lobby

All Day Prepared Childbirth Class

Dameron Hospital realizes our families are busy and we do not want to take away from important family time in the evening. Our all day prepared childbirth class covers all of the important topics in one day. This class includes the “The Joy of Motherhood” booklet .

Registration Required (\$35.00 Class Fee - Refunded With Delivery at Dameron Hospital)

Dates: Saturdays; January 21, February 18, March 17, April 28, May 26, June 23, July 21, August 18, September 15, October 27, December 8

Time: 9:00 a.m. - 4:00 p.m.

Place: Dameron Hospital - Annex, Conference Room

Breastfeeding Support for Expectant & Delivered Families

This class offers information on the benefits and basic management of breastfeeding. Topics include latching, early skin-to-skin contact, rooming-in, feeding on cue, expressing milk, helpful hints and includes a “Breastfeeding a New Start” booklet. Our breastfeeding program is dedicated to meeting the California Hospital Breastfeeding policies and the World Health Organization (WHO) Breastfeeding Friendly Initiative.

Registration Required (FREE when Delivering at Dameron Hospital)

Dates: 3rd Wednesdays; January 18, February 15, March 21, April 18, May 16, June 20, July 18, August 15, September 19, October 17, November 21, December 19

Time: 1:00 p.m. - 3:00 p.m.

Place: 530 W. Acacia St., 2nd Floor, West Conference Room

Big Brother - Big Sister

This class is designed specifically for newborn’s sibling(s), topics include addressing their concerns and emphasizing their important family role. Parents and siblings will take a tour of the Labor/Delivery Unit and the Mother–Baby

Unit. The sibling(s) will be educated through a special “Sibling Birthday Party”, which includes watching video presentations, emphasizes hand washing/germ control and ends with a certificate of completion. Parents who wish their children to visit during mom and baby’s stay should preregister their child’s class prior to their expected delivery date. In order to keep all of mothers and newborns healthy, we are requesting parents bring a copy of their child’s immunization record. This will help the staff determine if the child has been recently inoculated with a live virus. Sibling Visitation – 4:00 - 6:00 p.m. daily.

Registration Required (FREE to all Participants)

Dates: 1st Saturdays; January 7, February 4, March 3, April 7, May 5, June 2, July 7, August 4, September 1, October 6, November 3, December 1

Time: 11:00 a.m. - 1:00 p.m.

Place: Meet your tour guide in the Main Lobby

NICU Sibling Visitation: Individual sibling class, for ages 2 -12, will be arranged with parents of NICU newborns. Contact; Carolyn Sanders, R.N., 461-3136 or Josh Griffen, M.S.W., 944-5400, ext. 3556.

Infant CPR and Safety

This class prepares family members to safely care for their newborn. Family members will be taught Infant CPR and Relief of Choking, Safe Sleep and Car Seat Safety. Class includes a practice manikin, DVD, booklet and pocket memory card.



Registration Required (\$35.00 Class Fee - Refunded With Delivery at Dameron Hospital)

Dates: 2nd Wednesdays; January 11, February 8, March 14, April 11, May 9, June 13, July 11, August 8, September 12, October 10, November 14, December 12

Time: 3:00 p.m. - 5:00 p.m.

Place: 530 W. Acacia St., 2nd Floor, Staff Development, Classroom 1


NICU/SCN Support Group

This group is facilitated by Master Prepared Maternal Child Health Social Worker and the Maternal Child Community Outreach Nurse. The participants provide mentoring for parents coping with the separation and care of special needs children or loss of a child. There are various guest presentations and referrals.

Dates: 1st Mondays; January 2, February 6, March 5, April 2, May 7, June 4, July 2, August 6, September 3, October 1, November 5, December 3

Time: 6:00 p.m. - 8:00 p.m.

Place: Dameron Hospital - Annex, Conference Room

NICU Parents On-Line: On Facebook at  NICU Family Support Group in Stockton, CA

