

# Your Pain, Injury and/or Impairment is **Our Concern** also,

The team work of the physician, therapist, and the patient is vital to a successful rehabilitation program. Our goal is to restore function and allow you to return to normal activity as soon as possible.

You establish your own goals, with the therapist's input on what's realistic. We emphasize patient instruction to prevent recurrence of the current problem and to avoid associated disorders to which they may be susceptible. We will teach you the skills you need to manage pain and limitations.



**Getting You Back to Living  
Your Life is Our Goal!**

## *Our Mission*

*...is to deliver rehabilitation services of exceptional quality and value with respect for each client's personal integrity as well as their individual rehabilitation needs and goals in a caring atmosphere, which offers a pleasant work environment and encourages personal development .*

We continually strive to provide ethical and compassionate healthcare delivery and management necessary to support our patients and their families, for a speedy, effective recovery. We consistently act with absolute integrity in the way we conduct our business. These obligations apply to our relationships with patients, physicians, third party payers, subcontractors, independent contractors, vendors, consultants and one another.

For generations Dameron Hospital has been the choice for our Stockton community, providing committed health care for neighbors and families since 1912. Today we're one of the largest employers in San Joaquin County – proudly independent, not-for-profit, and community-based.

**Call Us Today  
(209) 461-3142**

*To Schedule An Appointment  
or Visit Us at  
420 W. Acacia Street • Suite 8  
Stockton, CA 95203*



**DAMERON**  
PHYSICAL REHABILITATION



**Where Do  
You Go For**

**Physical &  
Occupational  
Therapy**

# Helping You ... *be you again!*

## **HEAD, NECK & SPINE REHAB**

- Low Back Pain
- Sciatica
- Herniated Disc
- Whiplash
- Sprain/Strain
- Post-Laminectomy
- Post-Spinal Fusion
- Bell's Palsy and Headaches

## **SHOULDER REHAB**

- Sprain/Strain/Fracture
- Frozen Shoulder
- Dislocation/Subluxation
- Rotator Cuff Tear/Repair
- Impingement
- Bursitis
- Tendonitis
- Degenerative Joint Disease
- Labral Tears/Repairs



## **ELBOW & WRIST REHAB**

- Tendonitis (Little League/Tennis Elbow)
- Dislocation/Fracture /Post-op Care
- Carpal Tunnel/Nerve Impingement
- Trigger Finger
- Amputations

## **HIP REHAB**

- Sprain/Strain/Fracture
- Bursitis
- Post-Total Hip Replacement
- SI Joint Dysfunction
- Degenerative Joint Disease

## **KNEE REHAB**

- Sprain/Strain/Fracture
- Torn Meniscus/Post Repair
- Chondromalacia
- Tendonitis
- ACL Sprain/Post Repair
- Patellofemoral Syndrome
- Post-Total Joint Replacement
- Pre and Post-Op Gait Training

## **ANKLE & FOOT REHAB**

- Sprain /Fracture
- Post-Op Care
- Plantar Fasciitis
- Tendonitis

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## **SPECIALTY PROGRAMS**

### **NEUROLOGICAL REHABILITATION**

- Brain & Spinal Cord Injuries
- Strokes and Other Neuro Conditions

### **VESTIBULAR REHABILITATION**

- Positional Vertigo/BPPV
- Acute and Chronic Dizziness
  - Imbalance and Falls
  - Acoustic Neuroma
- Peripheral Vestibular Dysfunction
- Migraine Associated Dizziness
  - Cervicogenic Vertigo
  - Motion Sensitivity
  - Meniere's Disease

### **WOMEN'S HEALTH**

- Incontinence
- Osteoporosis
- Pelvic Floor Dysfunctions

### **INDUSTRIAL REHABILITATION**

- Ergonomics
- Job Site Analysis
- Post Offer/Pre Work Screening
- Employer/Employee Injury Prevention
- Functional Capacity Evaluations
  - Impairment Rating
  - Wellness Programs

